






Independent & Assisted Living Calendar August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CUTEST DOG PHOTO CONTEST!</p> 	<p>9:30 Sit & Fit ¹</p> <p>Manor Mart Open 10:00-11:00</p> <p>2:30 Cards & Games</p>	<p>9:30 Sit & Fit ²</p> <p>2:30 Grand Prize Bingo Sponsored By: Rex's Innkeeper</p>	<p>9:30 Sit & Fit ³</p> <p>Manor Mart Open 10:00-11:00 </p> <p>Shake of the Day! 2:30 Resident Discussion then- Bingo</p>	<p>9:30 Sit & Fit- Chair Yoga with Jennifer ⁴</p> <p>10:00 Coffee Clutch</p> <p>2:30 Armchair Travel s to Greece</p>	<p>9:30 Sit & Fit ⁵</p> <p>11:00 Catholic Communion</p> <p>2:30 August Birthday Bash with Melly C Music</p>	<p>9:30 Sit & Fit ⁶</p> <p>*Manor Mart Open</p> <p>2:00 -3:00</p> <p>2:30 Cards & Games Social in the Gathering Place</p> <p>*Get together for Euchre!</p>
<p>6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p> <p>2:30 Hoot n' Annie String Band</p>	<p>9:30 Sit & Fit Chair Yoga with Jennifer ⁸</p> <p>Manor Mart Open 10:00-11:00</p> <p>*Guess the Weight of the Watermelon Contest at Manor Mart</p> <p>2:30 Cards & Games</p>	<p>9:30 Sit & Fit ⁹</p> <p>10:30 Lunch Outing at Lone Girl for those signed up</p> <p>2:30 -4:00 Millie's Nail Oasis open</p>	<p>9:30 Sit & Fit ¹⁰</p> <p>Manor Mart Open 10:00-11:00 </p> <p>Shake of the Day!</p> <p>2:30 Bingo</p>	<p>9:30 Sit & Fit- Chair Yoga with Jennifer ¹¹</p> <p>10:00 Coffee Clutch</p> <p>2:30 Live Music by: The Dalton Gang</p>	<p><i>Wear YELLOW today!</i> ¹²</p> <p>9:30 Sit & Fit</p> <p>10:00 Corn Husking, Corny Jokes & Country Music in Loretta's Garden</p> <p>11:00 Catholic Communion</p> <p>2:30 CORN BOIL Sponsored by: Manor Mart</p> 	<p>9:30 Sit & Fit ¹³</p> <p>Manor Mart Open</p> <p>2:00-3:00</p> <p>2:30 Cards & Games Social in the Gathering Place</p> <p>*Get together for Euchre</p>
<p>6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p>	<p>9:30 Sit & Fit - Chair Yoga with Jennifer ¹⁵</p> <p>Manor Mart Open 10:00-11:00</p> <p>2:30 Cards & Games</p>	<p>9:30 Sit & Fit ¹⁶</p> <p>10:15-Picnic at Governor Nelson State Park For those signed up</p> <p>2:30 August Snack Table & Fun Facts</p>	<p>9:30 Sit & Fit - Cardio Drumming ¹⁷</p> <p>Manor Mart Open 10:00 -11:00</p> <p>Shake of the Day!</p> <p>2:30 Bingo </p>	<p>9:30 Sit & Fit- Chair Yoga with Jennifer ¹⁸</p> <p>10:00 Coffee Clutch</p> <p>2:30 Skip Jones Music & Story Telling</p>	<p>9:30 Sit & Fit ¹⁹</p> <p>11:00 Catholic Communion</p> <p>2:30 Hawaiian Happy Hour <i>Wear your Hawaiian, floral, tropical attire today!</i></p>	<p>9:30 Sit & Fit ²⁰</p> <p>Manor Mart Open</p> <p>2:00-3:00</p> <p>2:30 Cards & Games Social in the Gathering Place</p>
<p>6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p>	<p>9:30 Sit & Fit- Chair Yoga with Jennifer ²²</p> <p>Manor Mart Open 10:00-11:00</p> <p>"Spin to win" Game chance with every purchase!</p> <p>2:30 Cards & Games</p>	<p>9:30 Sit & Fit ²³</p> <p>10:30 Lunch Outing at Rex's Innkeeper For those signed up</p> <p>2:30 -4:00 Millie's Nail Oasis open</p>	<p>9:30 Sit & Fit - Cardio Drumming ²⁴</p> <p>Manor Mart Open 10:00-11:00</p> <p>Shake Of The Day! </p> <p>2:30 Bingo</p>	<p>9:30 Sit & Fit Chair Yoga with Jennifer ²⁵</p> <p>10:00 Coffee Clutch</p> <p>2:30 Cards & Games on your own in the Cove</p> <p>5:00 "Taste Of Summer" Fine Dining</p>	<p>9:30 Sit & Fit ²⁶</p> <p>11:00 Catholic Communion</p> <p>2:30 Banana Split Social</p> 	<p>9:30 Sit & Fit ²⁷</p> <p>Manor Mart Open</p> <p>2:00-3:00</p> <p>2:30 Cards & Games Social in the Gathering Place</p> <p>*Get together for Euchre</p>
<p>6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p> <p>9:00-11:00 Bloody Mary Bar</p>	<p>9:30 Sit & Fit- Chair Yoga with Jennifer ²⁹</p> <p>Manor Mart Open 10:00-11:00</p> <p>2:30 Cards & Games</p>	<p>9:30 Sit & Fit ³⁰</p> <p>2:30 Red Box Matinee & Popcorn</p>	<p>9:30 Sit & Fit - Cardio Drumming ³¹</p> <p>Manor Mart Open 10:00-11:00</p> <p>Shake Of The Day! </p> <p>2:30 Bingo</p>			<p><i>Happiest of Birthdays To:</i></p> <p>8/8 Shirley M. 8/16 Joan B. 8/31 Dennis S.</p>