







# Independent & Assisted Living Calendar MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 6:00 TV Mass CH 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7 12:10 Bucks Game Ch 7 1:10 Brewer Game</p>	<p>2 9:30 Sit &amp; Fit <b>Manor Mart Open</b> 10:00-11:00  2:30 Cards &amp; Games</p>	<p>3 9:30 Sit &amp; Fit 2:30 May Fun Facts &amp; Snacks Table 6:00 Game Night- Twister with a Twist</p>	<p>4 9:30 Sit &amp; Fit- With Guest Instructor <b>Manor Mart Open</b> 10:00-11:00 Get your Free Cinco de Mayo Cookie! <b>2:30 Resident</b></p> 	<p>5 9:30 Sit &amp; Fit- Chair Yoga Mexicana with Jennifer 10:00 Coffee Clutch-<b>Donna Mae's Coffee Samples!</b> 2:30 Armchair Travels To Mexico <b>Cinco de Mayo!</b> Turn in your Word Scramble to Jennifer to claim your Prize!</p> 	<p>6 9:30 Sit &amp; Fit 11:00 Catholic Communion <b>2:30 MILLIE'S NAIL OASIS OPEN</b> 2:00-4:00</p>	<p>7 9:30 Sit &amp; Fit <b>Manor Mart Open</b> 2:00-3:00 <b>Mother's Day Specials!</b> 2:30 Cards &amp; Games Social in the</p>
<p>8 6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7 <b>12:00 Mother's Day Dinner</b> *Muffins &amp; Mimosas for Mom &amp; Special Ladies 9-11 am By the Dining room</p> 	<p>9 9:30 Sit &amp; Fit - Chair Yoga with Jennifer <b>Manor Mart Open</b> 10:00-11:00 &amp; Games</p>	<p>10 9:30 Sit &amp; Fit <b>2:30 Sundae Social</b></p>  <p>6:00 Game Night- Scattegories</p>	<p>11 9:30 Sit &amp; Fit With Guest Instructor <b>Manor Mart Open</b> 10:00-11:00 <b>Shake of the Day!</b>  2:30 Bingo</p> 	<p>12 9:30 Sit &amp; Fit- Chair Yoga with Jennifer  10:00 Coffee Clutch 2:30 Popcorn &amp; Thursday Matinee</p> 	<p>13 9:30 Sit &amp; Fit 11:00 Catholic Communion  2:30 "Best Of Waunakee" Happy Hour Congratulations Waunakee Manor on winning "Best Senior Living Facility!"</p>	<p>14 9:30 Sit &amp; Fit <b>Manor Mart Open</b> 2:00-3:00 2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>15 6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p>	<p>16 9:30 Sit &amp; Fit - Chair Yoga with Jennifer <b>Manor Mart Open</b> 10:00-11:00</p>	<p>17 9:30 Sit &amp; Fit 2:30 Senior to Senior Advice Project 6:00 Game Night- Up Words</p>	<p>18 9:30 Sit &amp; Fit Cardio Drumming <b>Manor Mart Open</b> 10:00 -11:00 <b>Shake of the Day!</b> 2:30 Bingo</p> 	<p>19 9:30 Sit &amp; Fit-Chair Yoga with Jennifer 10:00 Coffee Clutch <b>2:30 May Birthday Celebration with the Northern Comfort Band</b>  <b>5:00 Formal Dinner</b></p> 	<p>20 9:30 Sit &amp; Fit 11:00 Catholic Communion  2:30 Popsicle Decorating Contest for the Seasonal Bulletin Board</p>	<p>21 9:30 Sit &amp; Fit <b>Manor Mart Open</b> 2:00-3:00 2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>22 6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7 1:10 Brewer Game</p>	<p>23 9:30 Sit &amp; Fit- Chair Yoga with Jennifer <b>Manor Mart Open</b> 10:00-11:00  <b>2:30 RETRO</b></p>	<p>24 9:30 Sit &amp; Fit 2:30 Garden Club 6:00 Game Night- Uno</p>	<p>25 9:30 Sit &amp; Fit Cardio Drumming <b>Manor Mart Open</b> 10:00-11:00 <b>Shake Of The Day!</b> 2:30 Bingo</p> 	<p>26 9:30 Sit &amp; Fit-Chair Yoga with Jennifer  10:00 Coffee Clutch 2:30 Millie's Nails Open 2:30-4:00</p>	<p>27 9:30 Sit &amp; Fit 11:00 Catholic Communion <b>2:30 Grand Prize Bingo Sponsored By Piggly Wiggly of Waunakee</b></p> 	<p>28 9:30 Sit &amp; Fit <b>Manor Mart Open</b> 2:00-3:00 2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>29 6:00 TV Mass Ch 9 7:00 TV Mass Ch 14 10:00 TV Lutheran Church Ch 7</p> 	<p>30 <b>MEMORIAL DAY</b> *Manor Mart Closed Today in honor of Memorial Day</p>	<p>31 9:30 Sit &amp; Fit 2:30 Tuesday Matinee &amp; Popcorn 6:00 Game Night Puzzle Enthusiasts</p>	<p><i>To all who have served our county and continue to serve.... We Honor You. We Thank You.</i></p>	 <p><b>A heartfelt thanks for all you do</b> <b>National Nurses week</b></p>	 <p>Happy Birthday To: 5/7 Betty W. 5/12 Chuck C. 5/16 Ed L. 5/22 Josette C. 5/26 Mary E.</p>	

\*Activities are subject to change. Please check the daily Activity boards for updates to the daily activities!