



Waunakee  
MANOR



# MANORISM

INDEPENDENT & ASSISTED LIVING NEWSLETTER | MARCH 2022



TOP O' THE  
MORNIN' TO YA!

## *New This Month...*

- ✿ Jennifer will be having a chair yoga class each Thursday for Sit & Fit. New to yoga? No problem! This is an exercise for all ages and abilities. Give it a TRY!
- ✿ Thursday nights are GAME NIGHTs here at Waunakee Manor... Wii Bowling, UNO, Twister with a Twist and Scategories will be on the agenda this month... Get together, have fun and still be in bed by 8 ☺
- ✿ Intro to Cardio Drumming - See you on the 29<sup>th</sup> as we learn the basics of this new musical exercise routine. Cardio drumming is not only good for you, but FUN!
- ✿ March is National Women's History Month - Join us on the 8<sup>th</sup> and 22<sup>nd</sup> as we learn about some women that have changed the world!

## *ACTIVITY HIGHLIGHTS ...*

**March 4<sup>th</sup> - TGIF Happy Hour with the JS Trippers Band:** Enjoy the foot-tappin' tunes of this group here for an afternoon of great music and fellowship.

**March 10<sup>th</sup> - Jim Hetzel - Gemini Entertainment:** Here to celebrate our friends having birthdays this month. Happy Birthday Dear Friends!!

**March 11<sup>th</sup> - Irish Sing Along Happy Hour:** Get in the spirit of St. Patrick's Day with Irish cocktails, limericks and songs!

**March 13<sup>th</sup> - SPRING AHEAD!:** Set those clocks ahead an hour before bed on the 12<sup>th</sup>!

March 15<sup>th</sup> - **Armchair Travel to IRELAND:** Travel this magnificent country without leaving your seat!



**Happy St. Patrick's Day**

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**March 17<sup>th</sup> - WEAR YOUR GREEN!! Everyone's Irish on St. Patrick's Day!**  
**Today's Festivities are as follows:**

**9:00a Shamrock Shuffle** - Find as many shamrocks as you can, bring them to the afternoon party to see who wins the prize for the most!

**9:30a Irish Chair Yoga with Jennifer** - Your usual chair yoga to an Irish jig this morning!

**Manor Mart open 10:00a -11:00a - GREEN M&M contest!**

**2:30p St. Paddy's Day Party with Sandy Stark Music & Shamrock Shakes!**

**4:30p St. Patrick's Day Formal Dinner**

**6:00p Wii Bowling & Green Beer**

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**March 24<sup>th</sup> - Grand Prize Bingo:** Each bingo you get today will win you a ticket to put in for a chance at the "Grand Prize" of each game. Feeling lucky??.... Keep any of your ticket/tickets to put in for the last drawing for the **ULTIMATE GRAND PRIZE!**

**March 25<sup>th</sup> - Flannel Fest Happy Hour:** For something different to do, we are celebrating National "Mad for Plaid" Day. Wear your plaid/flannel to Happy Hour for some Ax throwing, Craft beer sampling, lumberjack fun!

**March 31<sup>st</sup> - "Take Me Out To The Ball Game Day":** Wear your Brewer (blue & yellow), or baseball cap/attire today as we get ready for the season opener of the "Brew Crew". A tailgate picnic themed lunch will start us off! Then join your friends and neighbors in the Gathering Place to have some ball park treats & watch the game! You won't have to buy the peanuts or crackerjacks. ☺

## ***February Dress Up Days!***

***Thursday March 17<sup>th</sup>***

Wear your green/St. Patrick's Day attire!

***Friday March 25<sup>th</sup>***

Wear your Plaid/flannel & jeans



***Thursday March 31<sup>st</sup>***

Wear you Brewer, blue & yellow or any baseball cap/attire



**SATURDAYS:** After you stop into Manor Mart, head to the Gathering Place to spend time socializing, playing cards or games and having a fun afternoon.



## *BEST WISHES TO OUR FRIENDS CELEBRATING BIRTHDAYS*

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**March 7<sup>th</sup> - Tressa K.M.**

**March 12<sup>th</sup> - Rose S.**

**March 15<sup>th</sup> - Richard M.**

**March 20<sup>th</sup> - Joan T.**

## *A SPECIAL THANK YOU*

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- **All who bake, and donate items to Manor Mart. We had so many amazing Valentine treats for all to enjoy!**
- **St. John's School, Waunakee Whirlwind 4-H, Mrs. Bertz's Kindergarten, Prairie Elementary 4<sup>th</sup> graders, Mrs. Ketter's 5<sup>th</sup> grade class, the After School club, and all the others who made BEAUTIFUL Valentine cards for all to enjoy. Valentine's Day was extra special because of you!**
- **The DECA, FBLA, and FCCLA students at Waunakee High School for making, baking, and beautifully decorating Valentine cookies for every single community member and staff! The cookies were AMAZING! Thank you for thinking of us!**

## *VOTING NEWS*

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We will be having voter registration and facility voting here this month. We are working with our clerk at the Village of Waunakee to complete this process. You will be notified of details as soon as we have them!



## *FUN FACT: LEPRECHAUNS*

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Today's leprechauns, usually rosy-cheeked, boozy little men in green attire, come from Irish folklore. The first recorded mention of a leprechaun goes back to the 8th century, coming from the word luchorpan, meaning "little body" to describe water spirits. Another possible origin of the Irish god Lugh, whose Welch variant is known as one of the "Three Golden Shoemakers." There's also the Irish fairy Cluricaune, "A cunning spirit who haunts cellars, drinks, smokes and plays tricks".

# Staff Spotlight

**JENNIFER WILLIAMS** ACTIVITY ASSISTANT

**Nickname(s) you have been given & by whom:** My Dad calls me JenJen.

**My Hometown:** Lodi, Wisconsin.

**3 words to best describe me:** Adventurous, Creative, Sleepy.

**A favorite childhood memory of mine is:** Going to my family's cabin in Bruce, Wisconsin. I learned how to ski at Christie Mountain, a local ski hill up there, when I was 4 years old. I have been a ski instructor for the last 11 years.

**Favorite food/restaurant:** My favorite food is tacos.

**Favorite place to visit:** Salt Lake City, Utah.

**Family members:** Mom, Dad, younger sister Jamie, my boyfriend Seth, a dog named Wilson and my cat Bentley.

**Favorite things about working here:** Listening to my residents' stories and being able to make them laugh. I also love their sense of humor and their ability to make me laugh. They're the funniest, sweetest and kindest group of people I know. There hasn't been a day I've come to work and not laughed uncontrollably or received compliments from them.

**Best advice you have been given:** Always stay humble and kind.

**Hobbies and interests I enjoy:** Hiking, kayaking, boating, skiing, ATVing, shopping and napping.

**My biggest pet peeve:** When people are mean to animals.

**"When I retire, I will":** Rescue as many cats as my husband allows me.

**2 items on my bucket list:** Obtain my scuba certification and scuba dive shipwrecks and go skydiving.

To know Jennifer is to feel like you've known her for a lifetime! She has the skills and creativity to put personal touches here and there that brighten days and make us smile! Thanks for all you do Jennifer! We are lucky to have you!



# *Silver Spotlight*

## ELIZABETH "BETTY" RIPP

Betty was born at home on April 25, 1922, on the family farm in Waunakee. Betty was the oldest of four children. She had three younger brothers. Betty's father was a farmer, and her mother was a homemaker. After Betty graduated from St. John's Catholic school, she was undecided on what to do with her life and considered going to the convent but ended up working at the Waunakee Canning Factory. Later, she went to work for Oscar Meyer.

Betty met her husband of 42 years, Peter Ripp Jr., through his sister Eva. Betty and Peter got engaged on her birthday, and a year later, they were married on her 23rd birthday, April 25, 1945. Since Betty had no sisters, her bridesmaids were her sister-in-law, Eva, and two of her cousins. The bridesmaids wore white dresses. The Sonny Brown Band played for their wedding dance.








Peter and Betty started their married life on a farm outside of Waunakee. The farm needed some work, and they worked together throughout their married life, making improvements. Betty was a hard worker, helping with chores and fieldwork on the farm. She raised chickens, had a big garden, and canned everything, including meat. Betty loved to sew and often stayed up all night sewing while the kids slept. Life wasn't all hard work; Betty and Peter loved to dance and play cards. They had five children, three girls and two boys, 11 grandchildren, and seven great-grandchildren.

Betty and Peter bought a house in Waunakee upon retiring from farming. The family loved getting together for the holidays in the big family room at the house. Unfortunately, Peter passed away at age 65. Betty joined a homemaker's group after Peter's passing. She traveled to many different places with the group, Washington DC being her favorite.

Betty turns 100 on April 25 this year. She has these words of wisdom to pass on to her grandchildren; hard work didn't kill your Grandma, so keep working. She also believes you should be kind to your neighbor, and you'll never be lonely.

Betty is one of our favorite people to visit with! It's so much fun to hear her stories and words of wisdom that go a long way...When you hear the phrase "Be like Betty", you may be thinking of Betty White. To us, "Being like Betty", means you are kind, generous, and caring, just like Betty Ripp. Thank you for being you, Betty!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>*Voting will take place this month. Please watch for posted details!</b></p>	<p>9:30 Sit &amp; Fit <sup>1</sup></p> <p>2:30 Mardi Gras "Fat Tuesday" Snack Table</p>	<p>9:30 Sit &amp; Fit <sup>2</sup></p> <p>10:00 March Fun Facts &amp; Trivia</p> <p>11:00 Ash Wednesday Service in the Cove</p> <p><b>2:30 Community Member Discussion &amp; then .....Bingo!</b></p>	<p>9:30 Sit &amp; Fit – <sup>3</sup></p> <p><b>Chair Yoga with Jennifer</b></p> <p>10:00 Coffee Clutch</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p>2:30 Millie's Nail Oasis Open 2:30 -4:00</p> <p>6:00 Wii Bowling</p>	<p>9:30 Sit &amp; Fit <sup>4</sup></p> <p>11:00 Catholic Communion</p> <p><b>2:30 TGIF Happy Hour with the JS Trippers Band</b></p>	<p>9:30 Sit &amp; Fit <sup>5</sup></p> <p><b>Manor Mart Open 2:00-3:00</b></p> <p>2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>6:00 TV Mass CH 9</p> <p>7:00 TV Mass Ch 14</p> <p>10:00 TV Lutheran Church Ch 7</p>	<p>9:30 Sit &amp; Fit <sup>7</sup></p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p>1:00-3:00 Cards &amp; Games With Dave &amp; Sue</p>	<p>9:30 Sit &amp; Fit <sup>8</sup></p> <p>2:30 Women In History</p>	<p>9:30 Sit &amp; Fit <sup>9</sup></p> <p>10:00 Fun Flick</p> <p>2:30 Bingo</p>	<p>9:30 Sit &amp; Fit- <sup>10</sup></p> <p>Chair Yoga with Jennifer</p> <p>10:00 Coffee Clutch</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p><b>2:30 March Birthday Party with Jim Hetzel Music</b></p> 	<p>9:30 Sit &amp; Fit <sup>11</sup></p> <p>11:00 Catholic Communion</p> <p><b>2:30 Irish Sing Along Happy Hour</b></p>	<p>9:30 Sit &amp; Fit <sup>12</sup></p> <p><b>Manor Mart Open 2:00-3:00</b></p> <p>2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>6:00 TV Mass Ch 9</p> <p>7:00 TV Mass Ch 14</p> <p>10:00 TV Lutheran Church Ch 7</p>  <p><b>Spring Ahead!</b></p>	<p>9:30 Sit &amp; Fit - <sup>14</sup></p> <p>Chair Yoga with Jennifer</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p>1:00-3:00 Cards &amp; Games With Dave &amp; Sue</p>	<p>9:30 Sit &amp; Fit <sup>15</sup></p> <p>2:30 Armchair Travelogue to Ireland</p>	<p>9:30 Sit &amp; Fit <sup>16</sup></p> <p>10:00 National Potato Chip Day</p> <p>Fun Facts &amp; Samples</p>   <p>2:30 Bingo</p> <p><b>Wear Your Green!</b></p>	<p><b>Happy St. Patrick's Day</b> <sup>17</sup></p> <p>9:30 Sit &amp; Fit- Irish Chair Yoga with Jennifer</p> <p>10:00 Coffee Clutch</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p><b>2:30 St. Patty's Day Party With Sandy Stark Music</b></p> <p><b>4:30 St. Patrick's Day Formal Dinner</b></p> <p><b>6:00 Wii Bowling</b></p>	<p>9:30 Sit &amp; Fit <sup>18</sup></p> <p>11:00 Catholic Communion</p> <p>2:30 Millie's Nail Oasis Open 2:30 -4:00</p> 	<p>9:30 Sit &amp; Fit <sup>19</sup></p> <p><b>Manor Mart Open 2:00-3:00</b></p> <p>2:30 Cards &amp; Games Social in the Gathering Place</p>
<p>6:00 TV Mass Ch 9</p> <p>7:00 TV Mass Ch 14</p> <p>10:00 TV Lutheran Church Ch7</p> 	<p>9:30 Sit &amp; Fit - <sup>21</sup></p> <p>Chair Yoga with Jennifer</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p>1:00-3:00 Cards &amp; Games with Dave &amp; Sue</p>	<p>9:30 Sit &amp; Fit <sup>22</sup></p> <p>2:30 Women In History</p>	<p>9:30 Sit &amp; Fit <sup>23</sup></p> <p>10:00 Scrabble Word Craft</p> <p>2:30 Bingo</p>	<p>9:30 Sit &amp; Fit-Chair <sup>24</sup></p> <p>Yoga with Jennifer</p> <p>10:00 Coffee Clutch</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p><b>2:30 Grand Prize Bingo</b></p> <p>6:00 Game Night-Twister with A Twist</p>	<p>9:30 Sit &amp; Fit <sup>25</sup></p> <p>11:00 Catholic Communion</p> <p><b>2:30 Flannel Fest Happy Hour</b></p> <p><b>Wear your Plaid/Flannel Today!</b></p> 	<p>9:30 Sit &amp; Fit <sup>26</sup></p> <p><b>Manor Mart Open 2:00-3:00</b></p> <p>2:30 Cards &amp; Games</p>
<p>6:00 TV Mass Ch 9</p> <p>7:00 TV Mass Ch 14</p> <p>10:00 TV Lutheran Church Ch 7</p>	<p>9:30 Sit &amp; Fit- <sup>28</sup></p> <p>Chair Yoga with Jennifer</p> <p><b>Manor Mart Open 10:00-11:00</b></p> <p>1:00-3:00 Cards &amp; Games with Dave &amp; Sue</p>	<p>9:30 Sit &amp; Fit <sup>29</sup></p> <p>2:30 Intro to Cardio Drumming</p>	<p>9:30 Sit &amp; Fit <sup>30</sup></p> <p>10:00 Culinary Creations</p> <p>2:30 Bingo</p>	<p><b>Take Me Out To The Ball Game Day!</b> <sup>31</sup></p> <p>9:30 Sit &amp; Fit-Chair Yoga with Jennifer</p> <p>10:00 Coffee Clutch</p> <p><b>Manor Mart Open 10-11</b></p> <p><b>12:00 Brewer Tailgate Luncheon</b></p> <p><b>1:10 Brewers &amp; Brews in the Gathering Place - Wear Your Brewer Baseball attire</b></p> <p>Millie's Nail Oasis Open 2:30 -4:00</p> <p><b>6:00 Game Night - Scategories</b></p>	<p><b>Happy Birthday To:</b></p> <p><b>3/7 Tressa K-M.</b></p> <p><b>3/12 Rose S.</b></p> <p><b>3/15 Richard M.</b></p> <p><b>3/20 Joan T.</b></p> 	<p><b>*Activities are subject to change ! Please check the daily Activity boards for additions and updates to the daily activities!</b></p>

*\*Activities are subject to change. "Please check the daily Activity boards for the most updated information."*