



Waunakee
MANOR



MANORISM

INDEPENDENT & ASSISTED LIVING NEWSLETTER | APRIL 2021

**EASTER
IS HERE!!**



We've enjoyed the hugs that came with indoor visits this month! We kicked off our Project and Volunteer Committees this month with community members excited to take on new projects and roles here in our Waunakee Manor community! We enjoyed meeting Dr. Gietzen in person and having him host our St. Patrick's Day celebration. We enjoyed bingo, mint shakes from Culvers, along with snacks and great prizes to take home! We had a great turnout for the "Booze & Tattoos" event, with many getting a tattoo for the very first time!

Please note on the April calendar the meeting times for our committees. These times can be flexible depending on the group. Please let Activity staff know if you are unable to make that time for the meeting. We are excited to get started!! Those of you who were not able to attend the meeting last month are more than welcome to join us!

Keep it up Snappy Steppers! April is a new month for new goals! New Goal sheets are available for those of you keeping track of distance or time spent wheeling or walking. What is "Snappy Steppers" you ask? This is an informal program designed to get you motivated to set goals for yourself, stay mobile, and to keep on being healthy! It doesn't matter if you walk, jog, wheel or ride; your participation and motivation is the important thing! Please see Activity staff with any questions.

Highlights this Month!

Check the calendar for Thursday's Themed dress up days!

WEAR YOUR BREWERS ATTIRE OR BLUE & YELLOW

Thursday April 1st

Wear these clothes in support of the "Brew Crew".

WEAR YOUR RAINBOW COLORS DAY

Thursday April 8th

Wear red, orange, yellow, green, blue & purple, all of the above & anything rainbow to celebrate spring!

FAVORITE T-SHIRT & JEANS

Thursday April 15th

Get out your favorite, funny t-shirt today.

WEAR YOUR SUNNY YELLOW DAY

Thursday April 22nd

Let's bring in the Sunshine with our yellow!

FAVORITE HAT DAY

Thursday April 29th

Dust off your favorite hat today and wear it proudly!



Happenings This Month...

April 1st: 10:00 am April Fools' Day Bingo. Join us for your favorite game this morning to celebrate the first day of April!

HAPPY EASTER! Sunday, April 4th

Please let staff know if you will be going out for Easter!

April 2nd: Birthday Treat to Celebrate April Birthdays. Enjoy a birthday treat with lunch today to celebrate our friends having April birthdays!

April 6th: Join us for Resident Discussion prior to our Wednesday bingo game. Resident Discussion is a time to bring up any questions, concerns or compliments you may have about your home here at Waunakee Manor.

April 8th: Crafty Bunch. Make a spring creation today. Crafty or not, you are welcome to join us!

April 15th: Spring Fever Trivia & Happy Hour. Enjoy a beverage and test your knowledge with our spring-themed trivia!

April 22nd: Fun Money Auction. You'll be handed some cold, hard, paper "cash" to spend on any treasure you see at the Auction. Will there be any bidding wars over those big-ticket items? We'll see!! If you still have items you would like to donate, let the Activity staff know!

April 29th: Pet Visits with Edie Joy. Your favorite little four-legged redhead will be back to visit all of you in the Cove.



*BEST WISHES TO OUR FRIENDS
CELEBRATING BIRTHDAYS*

Betty R. - April 25th

Vera Hanson - April 29th



A FRIENDLY REMINDER

WEAR YOUR MASK if coming out of your room at any time! Also, practice "social distancing" whenever possible.

Indoor/in-person visits with family and friends can be scheduled with Amanda in Social Services.

Please remember to sign out when leaving the building! Also, you do not have to be under quarantine if you go out. Please remember to be safe, wearing your mask and practicing good hand hygiene and social distancing when you can!



A SPECIAL THANK YOU

- Dr. Gietzen and friends for the St. Patrick's Day bingo prizes, and fun!***

Staff Spotlight

SHERRY COLSTAD FRONT DESK RECEPTIONIST



Nickname(s) you've been given: Lu Lu, by my brother.

My hometown: Lodi.

3 words to best describe me: Friendly, loyal, and family orientated.

A favorite childhood memory is: Hanging out with my twin sister – Shelley.

A favorite place to eat out: Texas Road House.

A Favorite place to visit: Arizona – Luke Air Force Base, my son is there.

Family members: 4 children: Nikki, Whitney, Brooke, Jake & my dog, Max.

Favorite things about working here: Socializing and making friends.

Best advice you've been given: Success begins with the second letter.

Hobbies and interests I enjoy: Reading and making time for friends.

My biggest pet peeve: Lying.

Plans after retirement: Travel and hang out with my grandkids.

2 items on my bucket list: An Alaskan cruise and visiting the East Coast.

Weekends and evenings are always happy with Sherry at the front desk! Sherry has been at Waunakee Manor for 20 years! She is always ready to greet people with a welcoming smile! Thanks Sherry for all you do!

Silver Spotlight

MARY FURAN



A little bit about me: I'm a retired RN. I worked in LaCrosse, WI during my nursing career.

Some words to describe you: Hard-working, sweet and friendly.

Name a few hobbies and interests you enjoy: Gardening, playing cards, watching the Badgers, Packers and Brewers.

If you could visit anywhere in the world where would you choose?: Hawaii.

What is your biggest pet peeve?: Pick up after yourself!

Favorite Things...

Music: Country music

Food: Diet Coke (the fountain kind!), donuts, cashews & steak dinners

Quote/ Advice: "Don't sweat the small stuff"

Sports teams: Badgers, Packer, Brewers

Animal: Dogs

Card Game: Euchre and Solitaire

What are you most thankful for?: My children.

What is the most important thing you have learned in your life?:
Family should always come first.

Mary has an excellent sense of humor that we all enjoy! It's always fun to watch a Badger game with Mary. To know her is to love her! Thank you, Mary, for being so wonderful!

Independent & Assisted Living Event Calendar - April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Keep it up Snappy Steppers! 		Wear Your Brewers Attire or your Blue and Yellow 10:00 April Fool's Day BINGO 2:10 Brewer Game	12:00 Birthday Treat HAPPY BIRTHDAY To our friends with April BIRTHDAYS!	
⁴ 7:00 TV Mass Ch 14 10:00 Tv Lutheran Church Ch 7 HAPPY EASTER	⁵ *Wellness packet raffle drawing 	⁶ 10:00 Garden Committee meet in the Sunroom 10:00 Birthday Committee meet in the Cove	⁷ 2:00 Resident Discussion & BINGO	⁸ Wear Your Rainbow Colors Today! 2:00 Crafty Bunch	⁹ 10:00 Welcome committee meet in the Cove 11:00 General Store Committee meet in the Cove	¹⁰
¹¹ 7:00 TV Mass Ch14 10:00 TV Lutheran Church Ch 7	¹² Wellness Raffle Packets will be delivered to your door!	¹³	¹⁴ 2:00 BINGO	¹⁵ WEAR YOUR Favorite T-shirt & jeans Day 2:00 Spring Fever Trivia & Happy Hour	¹⁶	¹⁷
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²⁵ 7:00 TV Mass Ch 14 10:00 Tv Lutheran Church Ch 7	²⁶ Wellness Raffle Packets will be delivered to your door	²⁷	²⁸ 2:00 BINGO	²⁹ Wear Your Favorite Hat Day 2:00 Pet Visits with Edie Joy	³⁰	Activities on this calendar are subject to change. Please see daily Activity boards for updates

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