



Waunakee
MANOR



MANORISM

CBRF & SKILLED NURSING NEWSLETTER | JANUARY 2021



Happy New
Year 2021!!

Highlights this Month!

Check the calendar for Thursday's Themed dress up days!

1950s DRESS UP DAY

Thursday January 7th

Cat-eye glasses, neck scarf, capri pants, cardigans, saddle shoes, poodle skirts sport coats, skinny ties, & fedoras.

TROPICAL DRESS UP DAY

Thursday January 14th

Warm it up in January with your tropical prints today!

WEAR YOUR BLUE

Thursday January 21st

Wear everything blue today!

FAVORITE T-SHIRT & JEANS

Thursday January 28th

Get out your favorite, funny, t-shirt today.

Happenings This Month...

Friday, January 8th: Birthday treat with lunch today: *Happy Birthday to all of our friends celebrating this month!*

Thursday, January 14th: Summer Picnic Lunch with Beach music.

Thursday, January 21st: Beat The Winter Blues Happy Hour with a hot cocoa bar: *Enjoy hot chocolate with all the fixings!*

Thursday, January 28th: Pizza Pub Lunch: *Enjoy Little Caesar's pizza for our lunch meal today!*

Staff Spotlight

SYDNEY SUZANNE BELL

Nickname(s) you've been given & by whom: Syd & Syderella because I used to act like a princess when I was little.

My Hometown: Madison/Waunakee.

3 words to best describe me: Silly, happy & disciplined.

A favorite childhood memory is: Going to football games.

Favorite food/restaurant: I like all food especially dessert & burgers.

Favorite place to visit: The beach.

Family Members: My beautiful mama Mary Jo, hardworking dad Mike, role model older brother Quentin & best friend cousin Ali.

Favorite things about working here: Playing bingo.

Best advice you've been given: Don't settle.

Hobbies and interests I enjoy: Drinking coffee, playing with puppies, going for walks, watching the sunset.

My biggest pet peeve: Rude people & lack of manners.

Plans after retirement: Spoil my grandkids.

2 items on my buckets list: Graduate from college & watch all 200 of the best scary movies.

Sydney has been working with us at the Manor since she was in high school. She has taken on new roles here at the Manor, working with people as a caregiver and also with the Activity Department. You can still hear her cheerful voice at the Reception Desk where she started out in high school. Thanks for being so positive, ambitious and spirited, Sydney. Your laugh is contagious and we are blessed to have you with us!

Waunakee Manor Bulletin Board



BEST WISHES TO OUR FRIENDS CELEBRATING BIRTHDAYS

*Ron Y. - January 13th
Mary C. - January 15th*

*Al M. - January 20th
Edwin H. - January 25th*



FRIENDLY REMINDERS

- ***WEAR YOUR MASK if coming out of your room at any time!***
- ***Meals will continue to be delivered to your room.***

A SPECIAL THANK YOU

- ***Peggy Schmudlach and Trader Joe's for the beautiful flowers! They really brightened the day!***
- ***All Community members, their families and friends who generously shared kindness and thanks to Waunakee Manor staff. We are honored and grateful!***
- ***Kathryn Losby coordinator with NARFE (National Association for Retired Federal Employees) for the generous donation to our staff & community members for an extra special Christmas this season.***
- ***All Community members and staff for participating in the Gingerbread House building contest. Each house was awarded appropriately as it was too difficult to choose a winner!!***
- ***Flower Girls, owner Chelsea Demos for the generous donation of flowers to brighten the days of staff and community members.***
- ***Waunakee Daisy Girl Scout Troop 7318 for the wonderful ornaments to decorate our home. We appreciate you!***



CBRF & Skilled Nursing Event Calendar - Jan. 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2021	HAPPY NEW YEAR!	
³ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch 7	⁴ 1-1 Visits	⁵ 2:30 BINGO	⁶ 1-1 Visits	⁷ The 1950's Dress Up Day! In honor of Elvis's Birthday! 1950's Music today! Will there be an Elvis sighting??	⁸ 12:00 Birthday Treat with Lunch! Happy Birthday to our friends celebrating January Birthdays!	⁹ 5:00 Lawrence Welk Channel 11
¹⁰ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch 7	¹¹ 1-1 Visits	¹² 2:30 Resident Council & BINGO	¹³ 1-1 Visits	¹⁴ WEAR YOUR Tropical Attire Today! 12:00 Summer Picnic Lunch	¹⁵	¹⁶ 5:00 Lawrence Welk Channel 11
¹⁷ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch 7	¹⁸ 1-1 Visits	¹⁹ 2:30 BINGO	²⁰ 1-1 Visits	²¹ Wear Blue Today! 2:30 "Beat the Winter Blues" Happy Hour	²²	²³ 5:00 Lawrence Welk Channel 11
²⁴ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch. 7	²⁵ 1-1 Visits	²⁶ 2:30 BINGO	²⁷ 1-1 Visits	²⁸ Favorite, Fun T-Shirt & Jeans Day 12:00 Pizza Pub Lunch 	²⁹ <i>Baby it's cold outside.</i>	³⁰ 5:00 Lawrence Welk Channel 11
³¹ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch. 7			Activities on this calendar are subject to change. Please see daily Activity boards for updates!			

Activities are subject to change. "Please check the daily Activity boards for the most updated information."