



MANORISM

CBRF & SKILLED NURSING NEWSLETTER | JULY 2021



**HAPPY
BIRTHDAY
AMERICA!!**

June has been a fun, busy month! We celebrated June Dairy Month enjoying the animals from Haven's Petting Farm, making our own butter, and having ice cream and fresh strawberries. We honored our gentlemen on Father's Day with rootbeer floats, music and a gift. We celebrated our Nursing Assistant staff with special meals, gifts and treats. "Make Music Day" in Waunakee brought the musicians of Sam Richardson, jazz musician and Polkalamity, an outstanding, good time polka band! We aimed to be outdoors as much as possible, getting rained out at the end of the month which we knew our farmers needed!

Happenings This Month...

WEAR YOU RED, WHITE & BLUE Thursday, July 1st and Join us at 2:30 for Red, White & Blue Happy Hour! Patriotic songs, trivia and treats to celebrate the great US of A!

Resident Council July 6th A chance for you to bring up any questions, concerns, or compliments regarding your home here at Waunakee Manor. We appreciate your input!

Pizza Pub Lunch Tuesday, July 6th Enjoy pizza from Little Caesar's for lunch today!

July Birthday Party Bingo Thursday, July 8th Join us to celebrate July birthdays with a bingo game and a birthday treat!

Devil's Lake Trip for those signed up, July 12th We are heading out to Devil's Lake State Park for a picnic lunch and to enjoy the beautiful scenery this morning. *Activities will coordinate the trip. We will be booking more outdoor outings in August to accommodate all who wish to go!*

Ice Cream Sundae Social Thursday, July 15th Pick your favorite toppings for your sundae this afternoon and visit with your friends and neighbors.

Friday, July 16th Pontoon Boat Trip for those signed up! We will be joining our volunteer boat crew from MSCR on a pontoon ride around Lake Mendota! *Activities will coordinate the trip. We will be booking more outdoor outings in August to accommodate all who wish to go!*

Monday, July 19th Monday Drive for those signed up! We will be touring the sights and sounds of Waunakee this afternoon. Waunakee has undergone many changes and is continuing to grow! We'll be "sightseeing" around town to see all of the changes. *Activities will coordinate the trip. We will be booking more outdoor outings in August to accommodate all who wish to go!*

Miniature Golf Course Thursday, July 22nd "FORE!!!" Try your skills on the green (or tile, patio or carpet) this afternoon as we try out a mini golf course around our very own home!

Mad City Jug Band Monday, July 26th Mad City Jug Band is back for a performance of rag time, honkey tonk, blues and fun time music you'll be sure to enjoy.

WEAR YOUR TIE DYE THURSDAY, JULY 29TH!

"Good Luck Sydney Party" with Melly C Music Friday, July 30th Say goodbye to Activity's favorite college graduate, Sydney Bell, as she heads off "into the real world" for her first grown up job out of college! We will miss her bubbly personality and cheerful smile! Come to say "goodbye", have cake and enjoy the good time music and fun of performer, Melly C!

July 22nd - July 25th in Centennial Park WAUNAFEST!

Sunday, July 25th We will be inviting all to enjoy the WaunaFest parade. Staff will assist those who wish to come out and watch the parade in the RCAC parking lot. We will be going out around 11:30. Also, if you would like to join us in being a part of the Waunakee Manor parade, please contact Activity Staff.



Staff Spotlight

SPENCER HEYWOOD RN

Nickname(s) you have been given: "Oatmeal Cookie" by my brother.

My Hometown: Shorewood, WI.

3 words to best describe me: Professional, Empathetic, and Witty

A favorite childhood memory of mine is: Going to Germany

Favorite food: Pad Thai from anywhere.

Favorite place to visit: My family's cottage in Northern, WI.

Family Members: I have one adorable cat named Houdini.

Favorite things about working here: The coworkers are a joy, and the residents are the point of everything we do.

Best advice you have been given: Life is messy. There are no straight lines and you have to find your way as you go.

Hobbies and interests I enjoy: Running and cooking.

My biggest pet peeve: Long lines.

When I retire, I will...: Know I will have done my best to help others.

2 items on my bucket list:

1. Run the Boston Marathon.
2. Be in a Hot Air balloon.

You can find this "red caped bandit" in the A-wing neighborhood most days. He has a reputation for being an excellent dancer, whose moves have yet to be duplicated! Thank you, Spencer, for being a kind, dependable, excellent nurse.

Silver Spotlight

DOROTHY JOHNSON

Dorothy grew up in Wisconsin on her family farm. She graduated from Westby High School. After graduation, Dorothy took a train to Chicago and enrolled in Lutheran Deaconess Nursing School and Hospital. She met her husband, Robert (Bob) Johnson, when he was a patient at the hospital where she was working. He came back to the hospital to have his tonsils out, and “the rest is history”. The couple married on September 15th, 1945. Bob was a musician, selling pianos and organs. Dorothy continued her nursing career in LaCrosse, Milwaukee at St. Lukes and then retired from Meriter hospital in Madison.

Dorothy has three children, who she lovingly calls the 3 K’s: Karolyn, Kathryn, and Karl. Her children have wonderful memories of her cooking, keeping a tidy home, and being always on the go. She has five grandchildren and seven great-grandchildren.

Some of her favorite music was when her husband or children played the piano. Although Dorothy is pretty easy to satisfy, her favorite foods include sugar cookies, krumkake, lefse, and homemade beef hot dishes, all of which Dorothy is well known for cooking for her family.

Dorothy considers herself easygoing and takes in stride everything that comes her way. In her free time, Dorothy regularly reads the newspaper, watches TV, and keeps in touch with family, enjoying their visits! If she could live anywhere in the world, she notes she would choose “right where she is” because she is happy around our area. Being raised on a farm, Dorothy says she enjoys horses, cows, calves, dogs, and every other animal. She had a pet dog named Lars.

Dorothy is most thankful for her good health and notes the most important thing she has learned in life is the joy of family. She states that going on trips together and enjoy things like that are important as a family. Dorothy is a testament of the strength of her generation. Having contributed hard work and dedication in her nursing profession, providing a loving home for her family, and enjoying the little things in life along the way have been her values.

We enjoy Dorothy, as she never forgets a “Thank you” and is so kind to everyone. We are happy to have you with us!

Waunakee Manor Bulletin Board



BEST WISHES TO OUR FRIENDS CELEBRATING BIRTHDAYS

*Judy T. - July 15th
Vern P. - July 19th
Walt J. - July 19th
Pauline C. - July 20th
Jeanne G. - July 21st
Michelle H. - July 21th*

*Myrty B. - July 22nd
Duane P. - July 23rd
George T. - July 27th
Bob F. - July 27th
Richard O. - July 27th
Darcy V. - July 27th*



COURTYARD PICNICS

We will be hosting Courtyard Picnics throughout the rest of the summer months.

Picnics will consist of eating the supper meal outdoors in our C-Wing Courtyard, having special beverages, dessert and enjoying the weather!

Community members will be attending the picnic with their peers. Everyone will get the opportunity to attend their designated picnic day.










Please reference Activity Staff with any questions! Picnic dates this month are July 14th and 28th!

A SPECIAL THANK YOU

- Sam Richardson, jazz musician and Polkalamity Polka Band for the great entertainment on Make Music Day*
- The family of Bev Kraut for the rootbeer floats! They were perfect!*



CBRF & Skilled Nursing Event Calendar - July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Wear Your Red, White & Blue! ¹ 2:30 Red, White & Blue Happy Hour	² 10:00 Morning Energize 2:00 Movie: "Stars & Stripes Forever"	³ 10:00 Weekend Connections 5:00 Lawrence Welk Ch 11
⁴ 7:00 TV Mass Ch. 14 10:00 Weekend Connections 10:00 TV Lutheran Church Ch. 7 Happy July 4th 	⁵ 10:00 Morning Energize 2:30 Fun in Fifty States	⁶ 10:00 1-1 Visits 12:00 Pizza Pub Lunch 2:30 Resident Council then, BINGO	⁷ 10:00 Courtyard Coffee Club 11:00 Catholic Communion 2:30 Summer Happy Hour	⁸  2:30 July Birthday Party Bingo	⁹ 10:00 Shave, Smile, & Polish Cart	¹⁰ 10:00 Weekend Connections 5:00 Lawrence Welk Ch 11
¹¹ 7:00 TV Mass Ch.14 10:00 Weekend Connections 10:00 TV Lutheran Church Ch 7	¹² 10:00 Morning Energize 2:30 Netflix Flick Devil's Lake Outing for those signed up	¹³ 10:00 1-1 Visits 2:30 Bingo	¹⁴ 10:00 Courtyard Coffee Club 11:00 Catholic Communion 2:30 Yard Bunko 5:00 *Courtyard Picnic	¹⁵  2:30 Ice Cream Sundae Social	¹⁶ 10:00 Morning Energize *Pontoon Boat Trip for those signed up	¹⁷ 10:00 Weekend Connections 5:00 Lawrence Welk Ch 11
¹⁸ 7:00 TV Mass Ch.14 10:00 Weekend Connections 10:00 TV Lutheran Church Ch 7	¹⁹ 10:00 Morning Energize 2:30 Monday Drive for those signed up	²⁰ 10:00 1-1 Visits 2:30 Bingo	²¹ 10:00 Courtyard Coffee Club 11:00 Catholic Communion 2:30 Summer Recipe Creations	²² Tacky Golfer Dress Up Day Visors and Polo shirts!  2:30 Miniature Golf	²³  10:00 Shave, Smile, & Polish Cart	²⁴ 10:00 Weekend Connections 5:00 Lawrence Welk Ch 11
²⁵ 7:00 TV Mass Ch.14 10:00 TV Lutheran Church Ch 7 11:30 Lunch & WaunaFest Parade 	²⁶ 10:00 Morning Energize 2:30 Mad City Jug Band	²⁷ 10:00 1-1 Visits 2:30 Bingo	²⁸ 10:00 Courtyard Coffee Club 11:00 Catholic Communion 2:30 Bag Game 5:00 *Courtyard Picnic	²⁹ Tie Dye Dress Up Day 2:30 Thursday Matinee	³⁰ 10:00 Morning Energize 2:30 Good Luck Sydney Party with Melly C Music	³¹ 10:00 Weekend Connections 5:00 Lawrence Welk Ch 11

Activities are subject to change. "Please check the daily Activity boards for the most updated information."